

TO: **Region & Centre Secretaries**
FROM: **Anthony McIntosh - CEO**
DATE: **Friday 11th June 2021**
SUBJECT: **Updated COVID restrictions**

- **Restricted Activity Directions (RADs)**
- **Regional Victoria restrictions**
- **Metro Melbourne restrictions**

Restricted Activity Directions (RADs)

Effective from 11.59pm last night, the Victorian State Government (via the Chief Health Officer) released separate RADs for [Metro Melbourne](#) and [Regional Victoria](#). These will remain in effect until 11.59pm on Thursday 17th June. The conditions for the period subsequent to 17th June will be advised at the earliest opportunity. We all hope that the restrictions continue to ease further before too long.

Click [HERE](#) to view/download an up to date table of restrictions. Little Athletics activities are subject to the protocols outlined in the [Stay Safe Directions \(Metropolitan Melbourne\)](#) and [Stay Safe Directions \(Regional Victoria\)](#).

Note, all in attendance at sanctioned Little Athletics activities– must register their attendance via the State Government QR Code service.

Regional Victoria restrictions

- Competition and training **are** permitted to be conducted in Regional Victoria as long as it does not involve a participant who ordinarily resides in Metropolitan Melbourne.
- A maximum group size of 20 athletes applies to both competition and training outdoors; maximum group sizes of 10 applies indoors.
- The total number of members of the public at the facility at any time (excluding infants under one year of age) cannot exceed 150.
- Any shared equipment is to be cleaned between users.
- A density quotient of 1 person per 4sqm applies to indoor and outdoor spaces.
- Canteens can operate within [hospitality guidelines](#).
- No more than the minimum number of people required to conduct the competition or training are permitted to be in attendance. This includes officials, coaches, volunteers and supervising parents. General spectators are not permitted.

Metro Melbourne restrictions

- Competition **is not** permitted.
- Training **is** permitted (outdoors only).
- Training is permitted with a maximum athlete group size of 10.
- All participants in training activities must be from the same Club/Centre. Training with another group, Centre or club during the restricted period is not permitted.
- The total number of members of the public at the facility at any time (excluding infants under one year of age) cannot exceed 100.
- Athletes, parents & volunteers are not permitted to travel more than 25 kilometres from their ordinary place of residence to attend training. Athletes, parents & volunteers whose ordinary place of residence is in Regional Victoria are not permitted to travel into Metro Melbourne for Little Athletics activities.
- Any shared equipment is to be cleaned between users.
- Access to indoor spaces (clubrooms, changerooms) is not permitted, except for access to toilets.
- No more than the minimum number of people required to conduct the training are permitted to be in attendance. This includes coaches, volunteers and supervising parents. General spectators are not permitted.

The LAVic team